



Adam County is filled with beautiful and restful natural sights and sounds. Like many people, I have been spending extra time these last few months watching spring evolve in my backyard and neighborhood. I have found several helpful tools to identify birds, plants, and trees which may enhance your experience of nature as well.

Also, to expand beyond the boundaries of Adams County, I have linked nature videos and tours throughout the state and the world, from a live cam of an eagle's nest in Pennsylvania to livestream of an elephant park in South Africa. These virtual excursions are especially restorative on a rainy day!

Hope you find something here that you enjoy.

Barbara, Harbaugh-Thomas Library

Identification tools:

<u>Merlin ID</u> - The Cornell Lab of Ornithology helps to easily identify over 650 North American birds. Note the size, coloring and where you saw the bird and input the information online. Or, download the free <u>Merlin ID app</u> to your mobile device and identify birds on the spot.

<u>Audubon Guide to North American Birds</u> – Contains a wealth of information about birds and provides access to its own free handy <u>Audubon Bird Guide mobile app</u>.

<u>The 9 Best Plant Identification App Choices of 2020 [Tested & Reviewed]</u> Presents a collection of apps and their pros and cons, including free options.

<u>What Tree Is That? Online.</u> – An easy to use guide to trees created by the Arbor Day Foundation.

Watch wildlife in real time:

<u>Explore Livecams</u> – The self-described "world's largest live cam network" provides real time access to domestic and wild animals across the planet. Also includes amazing archived footage of past live cam sessions.

<u>PA Farm Country Bald Eagle Live Cam</u> – Watch an active eagle's nest in Pennsylvania! (Learn about eagles at <u>American Eagle Foundation Eaglet</u> <u>Information</u>).

<u>Tembe Elephant Park in Emangusi, South Africa</u> – Be intrigued by which African animal will cross in front of the camera next.

Virtual tours:

<u>The Hidden Worlds of the National Parks</u> – "Follow rangers on a journey to places most people never go."

<u>10 Best Virtual Tours of the World's Natural Wonders</u> – Travel virtually from the Namib desert dunes in Namibia to the Zhāngjiājiè National Forest in China.

<u>Google Earth National Parks of the United States</u> – Explore breathtaking scenery via Google Earth.

Or, watch one of many nature shows at PBS Nature Videos.

Health benefits for spending time in nature:

<u>Ecopsychology: How Immersion in Nature Benefits Your Health</u> - "A growing body of research points to the beneficial effects that exposure to the natural world has on health, reducing stress and promoting healing." Yale Environment 360 article by Jim Robbins.



JUNE 5, 2020 6:30PM Tickets \$25 per household

An Evening with Jamie Ford: The Virtual Sequel

Jamie Ford, New York Times Bestselling Author of Hotel on the Corner of Bitter and Sweet, Songs of Willow Frost, and Love and Other Consolation Prizes, will join us via Zoom for a conversation about his latest book and other updates since his visit to Gettysburg last September.

Click Here for more information or to purchase tickets

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