



Early Literacy Extras:

Parents and caregivers are a child's first and best teachers. Here are some ideas and activities to try this week with your child. These five practices are designed to help your child develop literacy skills, engage your child, and enhance the bonds between you. Storytimes at the Adams County Library support Pennsylvania Early Learning Standards.

This week's theme was:
Bad Days

Read: Watch Miss Crystal read *Kevin the Unicorn: It's Not All Rainbows* by Jessika von Innerebner on our Youth Services Facebook page or YouTube Channel.

Talk: Talk with your child about how it's ok to not be happy all the time – and how good it is to tell someone when you're feeling sad or frustrated or disappointed.

Sing: Rhymes to do at Home

Play: Make a feelings spinner. Divide a circular piece of paper into wedges and write a different feeling in each wedge. Take turns spinning and when you land on each feeling you can act them out, talk about a time you felt that way, or draw what it feels like.

Write: Draw some feeling faces on plastic eggs. Use a variety of facial expressions – eyes on one half of the egg and mouths on the other. Then you can take the eggs apart and mix and match and talk about all the feelings.

Rhymes to do at Home

Sometimes I Feel Happy

By Jean Warren

Sometimes I feel happy
Sometimes I feel sad
Sometimes I feel curious
Sometimes I feel mad
Sometimes I feel silly
Sometimes I feel surprised
How many feelings
Do I have inside?

If You're...

If you're sad and you know it
you can cry
If you're sad and you know it
you can cry
If you're sad and you know it
you can let your face show it
If you're sad and you know it
you can cry

If you're angry and you know it
Stomp your feet
If you're angry and you know it
Stomp your feet
If you're angry and you know it
You can let your body show it
If you're angry and you know it
Stomp your feet