



### Early Literacy Extras:

Parents and caregivers are a child's first and best teachers. Here are some ideas and activities to try this week with your child. These five practices are designed to help your child develop literacy skills, engage your child, and enhance the bonds between you. Storytimes at the Adams County Library support Pennsylvania Early Learning Standards.

### This week's theme is: **Hibernation**

**Read:** Watch Miss Karin read *Bear Can't Sleep* by Karma Wilson on our Youth Services Facebook page or YouTube Channel.

**Talk:** Talk about what hibernation is and who hibernates in wintertime. You can read more on the Power Library website <https://kids.powerlibrary.org/>

**Sing:** Rhymes to do at Home

**Play:** Make your own den at home. Lay a blanket over chairs or other objects then bring some pillows and blankets inside and make a hibernation nest.

**Write:** Help Bear find his cave on the next page.

### Rhymes to do at Home

#### Here is a Cave

Here is a cave. Inside is a bear. (*bend fingers on one hand; put thumb inside*)

Now he comes out to get some fresh air. (*pop out thumb*)

He stays out all summer in sunshine and heat. He hunts in the forest for berries to eat. (*move thumb in a circle*)

When snow starts to fall, he hurries inside His warm little cave and there he will hide. (*put thumb inside fingers*)

Snow covers the cave like a fluffy white rug. Inside the bear sleeps all cozy and snug. (*place one hand over the other*)

#### Hibernation

(*tune: Alouette*)

Hibernation, time for hibernation.  
Hibernation, time to go to sleep.  
In the winter, where's the bear?  
Sleeping in its log or lair.  
Where's the bear? Log or lair. OH!

In the winter, where's the frog?  
Sleeping by a pond or log.  
Where's the frog? Pond or log. OH!  
In the winter, where's the snake?  
In the mud beneath the lake.  
Where's the snake? Beneath the lake. OH!  
In the winter, where's the bat?  
In a cave is where it's at.  
Where's the bat? Cave it's at! OH!



Help Bear find his cave so he can go to sleep

