



Early Literacy Extras:

Parents and caregivers are a child's first and best teachers. Here are some ideas and activities to try this week with your child. These five practices are designed to help your child develop literacy skills, engage your child, and enhance the bonds between you. Storytimes at the Adams County Library support Pennsylvania Early Learning Standards.

This week's theme was:
Hibernation

Read: Watch Miss Theresa read *Sleep, Big Bear, Sleep* by Maureen Wright on our Youth Services Facebook page or YouTube Channel.

Talk: Talk about what hibernation means. What are some animals that hibernate? For more information, check out "hibernation" on the Gale in Context link on <https://kids.powerlibrary.org/>

Sing: Rhymes to do at Home

Play: Hibernation Freeze Dance! Dance when the music is playing. When you STOP the music everyone should freeze and listen! You will say the name of an animal. If it is an animal that hibernates, they should drop to the floor and pretend to sleep until the music starts again. If the animal does not, have them stay standing until the music starts again.

Write: Design and build a cave for bear to sleep in. Take some paper and pencils and have your child design how their cave should look. Using pillow, cushions, blankets, etc. have them build their cave.

Rhymes to do at Home

Here is the Cave

Here is a cave. Inside is a bear. (*bend fingers on one hand; put thumb inside*)
Now he comes out to get some fresh air. (*pop out thumb*)
He stays out all summer in sunshine and heat.
He hunts in the forest for berries to eat. (*move thumb in a circle*)
When snow starts to fall, he hurries inside
His warm little cave and there he will hide. (*put thumb inside fingers*)
Snow covers the cave like a fluffy white rug.
Inside the bear sleeps all cozy and snug. (*place one hand over the other*)

Hibernation

(Tune: Alouette)

Hibernation, time for hibernation.
Hibernation, time to go to sleep.
In the winter, where's the bear?
Sleeping in its log or lair.
Where's the bear? Log or lair. OH!
In the winter, where's the frog?
Sleeping by a pond or log.
Where's the frog? Pond or log. OH!
In the winter, where's the snake?
In the mud beneath the lake.
Where's the snake? Beneath the lake.
OH!
In the winter, where's the bat?
In a cave is where it's at.
Where's the bat? Cave it's at! OH!