



Early Literacy Extras:

Parents and caregivers are a child's first and best teachers. Here are some ideas and activities to try this week with your child. These five practices are designed to help your child develop literacy skills, engage your child, and enhance the bonds between you. Storytimes at the Adams County Library support Pennsylvania Early Learning Standards.

This week's theme was: **Feelings**

Read: Watch Miss Jess read *In My Heart* by Jo Witek on our Youth Services Facebook page or YouTube Channel.

Talk: Helping your child to put words to feelings develops vocabulary in a meaningful way. You can talk not only about your child's feelings, but about yours as well. Children can understand the words long before they can say them.

Sing: Rhymes to do at Home

Play: An easy way to help children show, interpret, and identify feelings is to play a game of charades! Act out or make facial expressions to show an emotion and have your child guess what emotion that is.

Write: Make an emotions pinwheel on the next page.

Rhymes to do at Home

Feelings

Sometimes on my face you'll see
(point to face)

How I feel inside of me. *(Point to chest)*

A smile means happy, a frown
means sad,
(Smile, then frown)

And when I grit my teeth, I'm mad.
(Grit teeth and frown)

When I'm proud I beam and glow,
(Smile)

But when I'm shy, my head hangs
low.
(Bow head)

I Have Feelings

(tune: Twinkle, Twinkle, Little Star)

I have feelings, so do you.
Let's all sing about a few.
We get happy, we get sad.
We get scared, we get mad.
I am proud of being me
That's a feeling, too, you see.
I have feelings, so do you.
We just sang about a few.

Cut out both circles and then the wedge drawn into the bottom circle. Have your child draw different faces for the different emotions. Tack the circle with the wedge cut out on top of the other circle with a split pin. They can now spin the front and stop on the emotion they are feeling.

