Here's a great video to help you learn the basics by simplydaisy:

How to Crochet for Absolute Beginners: Part 1

https://youtu.be/aAxGTnVNJiE

Patterns:

Beginner's Bookmark:

Chain 26

Row 1: In second chain from hook, single crochet. Single crochet in remaining chain stitches. You should end up with 25 stitches in that row.

Turn.

Rows 2-6: Repeat row 1 five more times or until bookmark is your desired width.

Finish and weave in ends.

Note: In the YouTube video, she uses a large needle to weave in her ends, but this can also be done using the crochet hook. Simply put your hook through a hole in the bookmark, grab the loose end with your hook, and pull through the hole.

More Challenging Bookmark:

Chain 21

Round 1: Beginning in second chain from hook, single crochet first row.

In the last chain stitch, crochet 5 single crochet.

Continue single crocheting around your original chain (putting your hook in the same holes that you used in your first row).

When you reach the chain where you began to single crochet, single crochet 5 stitches.

Round 2: Continue single crocheting across the end of your bookmark. When you reach a corner of your bookmark, single crochet 3 stitches in this stitch to make your corners sharp. Continue all the way around.

Round 3: Repeat round 2.

To finish: After completing round 3, slip stitch into next stitch. Cut yarn and pull tight.

Note: to make a slip stitch, insert crochet hook into the next stitch as you would do if you were going to do another single crochet. Yarn over. Pull yarn through the remaining loops on your hook. Or watch this YouTube video by Crochet Guru:

How to Crochet a Slip Stitch - Beginner Course: Lesson #12

https://www.youtube.com/watch?v=AFk-fdAowbY

Weave in ends.